



Spokin' Times News

SLOW SPOKES BICYCLE CLUB
P.O. BOX 792
STERLING HEIGHTS, MI 48311-0792

November 2014

President

Paul Wilhelm

Vice President

Carol Ritchey

Treasurer:

Clara Herndon

Secretary:

Ed Schultz

Newsletter Editor:

Jim Walter

Newsletter Distributor:

Lennie Raines

Membership Chair:

Lennie Raines

Sunshine Liaison:

Rita Zupan-Wilhelm

POAR Chair:

Gabe Halsall

Event Coordinator:

Chuck Pottenger

Webmaster:

Tom Miller

Website:

www.SlowSpokes.org

Mailing Address:

Slow Spokes

P.O. Box 792

Sterling Hts, MI 48311

November Club Meeting and Pizza Night

The November club meeting will be at the usual time and place, Friday November 7th at 7:30 pm at the Warren Woods Baptist Church.

As we do every November, we will have pizza for refreshments!

Election of officers takes place at this meeting. Elected offices are president, vice-president, secretary, treasurer, newsletter editor, and membership chair. Carol Ritchey has accepted the nomination for president. We are still looking for someone to run for vice-president to replace Carol. All other officers are willing to serve another term, although we are more than willing to step aside for new blood if anyone else would like to serve.

Holiday Party



Gabe and Bob Halsall will host this year's Holiday Party at their house. They are currently planning to have it on Saturday, the 3rd of January.

Details will follow in the December issue of the Spokin' Times.

The holiday party is always a good time with good friends, good food, etc. It's a good time to reminisce about the past year and look forward to the new year. As usual, there will be a limit to the number of people we can accommodate so be ready to sign up in early December.

Do we want to change the meeting night?

Discussion was held at the October meeting on the proposal to change the night of our monthly meeting. It was decided that we needed to have a specific date in mind so that the vote could be between keeping it on the first Friday and moving it to some other specific night. The specific night chosen was the second Tuesday of the month, although no night seemed to work for everyone.

We will vote in the December meeting on whether we want to move to the second Tuesday of the month or stay on the first Friday. A non-binding show of hands was taken at the October meeting to see how people felt about changing the meeting night to the second Tuesday. Several hands were raised on both sides of the issue. No count was taken, but it appeared that there were at least as many in favor of keeping the meeting on the first Friday as there were people who wanted to change to the second Tuesday. We will find out in December.

Meetings—Unless otherwise noted, meetings are held at 7:30 p.m. on the first Friday of every month at the Warren Woods Baptist Church at 14251 E. 12 Mile Road between Hayes and Schoenherr in Warren. Refreshments are served.

Ride Information—Send information for rides and walks and other exciting events to our event coordinator Chuck Pottenger email only please pottengerc60@gmail.com

Newsletter Information—Send articles you'd like published to Jim Walter. Email the information to him at jim.walter@comcast.net. Articles must be received by the 15th of the month for inclusion in the newsletter. Feel free to call Jim at 248-879-2405.



Pictured above are the participants in Bill Appleberry's last Wednesday night ride of the 2014 season.

From left to right, they are: Bill, Carol Ritchey, John Wood, Sonya Justice and Don Windhorst.

It looks like they are doing what the Slow Spokes enjoy the most, eating after the ride. Hey, there's a little bit of daylight out there yet, Bill. The picture he sent me last year had people standing next to their bikes in the dark.

NOVEMBER WEEKLY EVENTS

Monday Evening Walks

DISTANCE:	3 - 4 miles	DATE:	Mondays
PACE:	Leisurely pace - 20 minute miles.	TIME:	6:00 P.M.
TERRAIN:	Flat		
LEADER:	Tom Graham (586) 854-7911 Clara Herndon (586) 662-2188		
MEETING PLACE:	Dodge Park located at Dodge Park and Utica Roads in Sterling Heights. Meet at the recreation center.		
ADDITIONAL INFORMATION:	Bring Flashlights. No walk if it is raining. Stop at McDonalds at Utica and 15 Mile Roads after walk.		

Watch for Impromptu walks, rides and other events.

There have been several impromptu rides this month as the weather has been mostly cooperative. These rides are not attracting a lot of people as I think some of you have already hung up your bikes for the winter. Those of us who are still riding are enjoying the relatively good weather, and the fall colors. So come on out and join us. If you think it is cold out now, just wait a couple of months.

Mr. B's Joybox Express



Mark "Mr. B" Braun, a jazz pianist who lives in Ann Arbor, Michigan, is currently pulling a piano on a specially designed tricycle along the Mississippi from Minnesota to New Orleans. Along the way, he is giving concerts and inviting local bicyclists to join him on part of his journey. Additional bicycles (minus the front wheel) can be attached to the back so that other cyclists can help push for part of the journey.

Mr. B believes that music and athletics are not mutually exclusive, and that he is a better musician because of his participation in athletics. He is doing the Mississippi River trip to help raise support for youth art and athletic programs.

So the next time you complain about a little hill or a little wind on a bike ride, imagine that you were pulling a piano on the back of that bike and you still have to go up that hill into the wind.

Come to think of it, maybe going down the hill would be tougher. Hope he's got good brakes!

More information about Mr. B and his piano tricycle is available on the internet. There is also some good video. Enjoy!

Underlying article sent to me by Bill Appleberry and Carol Ritchey.

Book Club

Next Meeting—Tuesday November 18, 7:00 pm
 Book—Balzac and the little Chinese Seamstress
 Author—Dai Sijie
 Place—Barb Gater's House

Report on October Impromptu Rides



The weather has been nice for riding through most of October. There have been 10 impromptu rides so far in October. Bob George started the month off with an impromptu ride to Harsen's Island. The next day, Paul and Rita led a ride to Windmill Pointe. The last 3 Sundays, Tom Miller has led rides to Focus Hope, Royal Oak, and the "Pierogi Pedal" to Belle Isle and lunch in Hamtramck.

The last 3 Fridays, Tom Graham and Clara Herndon have led 2 rides on the Macomb Orchard Trail and one on the Paint Creek Trail. The above pictures are from Friday, Oct. 24th, on the MOT. Andrew, Jim, Mary, Tom and Bob are pictured. They are standing by the benches and brick pavers along the trail in Armada. Clara took the picture and isn't in it. Several brick pavers are labelled "SLOW SPOKES BICYCLE CLUB OF MACOMB" as we made a donation for the trailside improvements in Armada.

The other 2 impromptu rides were also this week. On Thursday, Jim led a ride from Raintree Park to Auburn Hills. As usual, he was guilty of an RLE. He tried to take the group on a path through a school playground area, and was stopped by the playground warden who told the group they were forbidden to pass through that area.

On Saturday, Paul and Rita led a ride to Lipuma's Coney Island in Rochester. Pictured below at the Coney Island beside Paint Creek, are Laura, Tom, Richard, Don, Jim, Rita and Paul. Rita insisted that we get a picture of the beautiful tree in Rochester Park to prove that we saw some fall colors on the ride.

Tom and Clara are leading a walk on Monday and checking out the Halloween decorations on Tillson Street in Romeo.



YOUR FAVORITE BIKE SHOP!!!

The following bicycle stores offer a discount on equipment and accessories. Be prepared to show your Slow Spokes membership card when making a purchase to receive the discount.

Allied Cycle	23101 Gratiot	Eastpointe, MI 48021	586/772-3411
American Cycle & Fitness	29428 Woodward Ave	Royal Oak, MI 48072	248/542-7182
American Cycle & Fitness	39900 W. Fourteen Mile	Walled Lake, MI 48390	248/960-1371
American Cycle & Fitness	203 N. Perry Street	Pontiac, MI 48342	248/333-7843
American Cycle & Fitness	20343 Mack Avenue	Grosse Pointe Woods, MI 48236	313/886-1968
American Cycle & Fitness	18517 Hall Road	Macomb Twp. MI 48044	586/416-1000
Anchor Bay Bicycle & Fitness	35214 23 Mile Road	New Baltimore, MI 48047	586/725-2878
Bike Tech	18401 E. Warren	Detroit, MI 48236	313/884-2453
D & D Bicycles	8383 N. Middlebelt Rd	Westland, MI 48185	734/522-9410
D & D Bicycles	121 N. Center Rd.	Northville, MI 48167	248/347-1511
D & D Bicycles	9977 E. Grand River	Brighton, MI 48116	810/227-5070
D & D Bicycles	4141 W. 12 Mile Road	Berkley, MI 48072	248/547-0770
D & D Bicycles	7330 Highland Road	Waterford, MI 48327	248/461-6550
East Side Bike Shop	26210 Van Dyke Ave	Centerline, MI 48015	586/756-2001
Fraser Bicycle & Fitness	34501 Utica Road	Fraser, MI 48026	586/294-4070
Hamilton Bicycle	69329 Main Street	Richmond, MI 48062	586/727-5140
Macomb Bike & Fitness	28411 Schoenherr	Warren, MI 48088	586/756-5400
Main Street Bicycles	5987 26 Mile Road	Washington, MI 48094	586/677-7755
Main Street Bicycles	622 S Lapeer	Lake Orion, MI 48362	248/236-9100
Metro Bike-N-Sport	36649 S. Gratiot Ave	Clinton Twp., MI 48035	586/791-3488
Paul's Bike Depot	28057 Gratiot	Roseville, MI 48066	586/776-9165
Stoney Creek Bike	58235 Van Dyke	Washington, MI 48094	586/781-4451

Club Information

For more information about our club, please see our website at www.slowspokes.org
 Most of the information on the website is visible without signing in. If you are a member, you can use your email address as your login ID and create a password. This gives you access to some information that non-members cannot see.
 If you wish to join the Slow Spokes, there is a membership application on the website that you can print out and fill out.
 You are welcome to come for a meeting or try out a ride before joining the club.

DO WE HAVE YOUR CORRECT EMAIL ADDRESS?

If you want to know of impromptu rides and other information of special interest not found on our website or in the newsletter, please make sure you forward your correct email address to Paul Wilhelm at jpwilhelm@hotmail.com

Notes from the Newsletter Editor:

Every attempt will be made to include all articles as they are submitted, and in their entirety, in the newsletter. However, due to space constraints, this may not always be possible. If you do not want your article edited in any way, shape or form (even if typos and/or grammatical errors are apparent) please make a note of that when the article is sent.



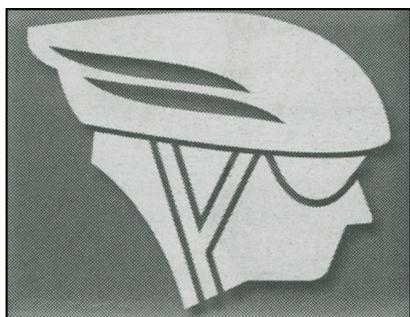
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Slow Spokes are members of the
League of Michigan Bicyclists and
the League of American Bicyclists.



Website: www.SlowSpokes.org



BIKE SMART

Always Wear Your Helmet!

Slow Spokes
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