

Spokin' Times News

SLOW SPOKES BICYCLE CLUB P.O. BOX 792 STERLING HEIGHTS, MI 48311-0792 December 2012 January 2013

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Rose Marie Jacobs

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Sterling Hts, MI 48311

HOLIDAY PARTY— HOLD THIS DATE: JANUARY 5, 2013

Slow Spokes annual holiday party

Saturday, Jan. 5, 2013 at Rose Marie Jacobs' Condo Club House Riviera Terrace Condo Complex on the East side of Jefferson just north of 9 Mile.

Dinner will be chicken picatta, pork tenderloin with mushroom gravy, honey glazed baby carrots, garlic smashed red skins, baked mostaccioli, tossed salad, fresh fruit tray, fresh veggie tray with dip, coffee and pop.

Dessert to be determined later.

The price is \$15.00

I will begin taking reservations at the December 7th meeting. Reservations will close on December 20, 2012. There is a limit of 50 people so get your reservations in early.

For reservations, contact me at 586-697-5075 or email at razupan@hotmail.com.

You will need to pay upon making your reservations.

Thanks for your cooperation, Rita Zupan-Wilhelm

MEETINGS

December Meeting—Regular time and place, December 7th at the Wheeler Community Center and Administration Building, 24076 Frederick Pankow Blvd. in Clinton Twp.

January Meeting—There will not be a regular January meeting due to the holiday party on Saturday, January 5th.

<u>Meetings</u>—Unless otherwise noted, meetings are held at 7:30 p.m. on the first Friday of every month at the Wheeler Community Center and Administration Building at 24076 Frederick Pankow Blvd. in Clinton Township. Refreshments are served.

<u>Ride Information</u>—Send information for rides and walks to Rose Marie Jacobs via email: <u>rmj211@comcast.net</u> by the (10th) of the month.

<u>Newsletter Information</u>—Send articles you'd like published to Jim Walter. Email the information to him at <u>jim.walter@comcast.net</u>. Articles must be received by the 15th of the month for inclusion in the newsletter. Feel free to call Jim at 248-879-2405.

MILEAGE FOR 2012

Every year, in the February/March Newsletter, we publish a list of miles biked by club members. A few of our members have biked a lot of miles this year. Some of us are still biking and the last few days we've had some warm weather again, which gave us a chance to get out.

Paul and Rita are planning a final dozen ride on December 31st. So once you've got all your miles in for 2012, if you would like to be included in the club mileage list, please email your miles to the ride chairperson, Rose Marie Jacobs, at rmj211@comcast.net by January 10th.

Book Club Change

The book club meeting originally scheduled for November 27th at Carolann Green's house has been rescheduled to Tuesday, December 4th at 7:00 pm. The book is Nineteen Minutes by Jodi Picoult.

Bridge Anyone?

Is there anybody interested in getting together to play Bridge?

Five Slow Spokes members are taking Bridge classes and would like to find others who want to play. Please email Clara Herndon - claraherndon@wowway.com or phone (586-574-0426/cell 586-662-2188) and we will create a list of players. Please add playing experience.

POAR T-shirts

Anyone who ordered a POAR t-shirt (short or long sleeve) and has not yet received or paid for it, please contact Clara Herndon (586-574-0426/cell 586-662-2188) or Tom Graham (586-286-3135/cell 586-854-7911) to arrange for pick-up or delivery.

We still have a limited number of short sleeve t-shirts available in sizes M, L, XL at \$10.00 each. Please call if you are interested.

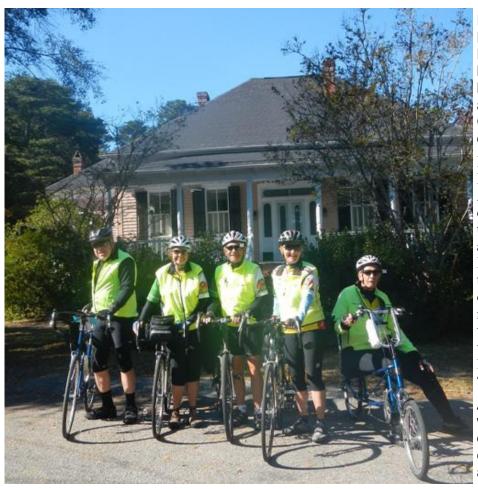


DO WE HAVE YOUR CORRECT EMAIL ADDRESS?

If you want to know of impromptu rides and other information of special interest not found on our website or in the newsletter, please make sure you forward your correct email address to Paul Wilhelm at jpwilhelm@hotmail.com

Notes from the Newsletter Editor:

Every attempt will be made to include all articles as they are submitted, and in their entirety, in the newsletter. However, due to space constraints, this may not always be possible. If you do not want your article edited in any way, shape or form (even if typos and/or grammatical errors are apparent) please make a note of that when the article is sent.



Five Slow Spokes took a trip to Moncks Corner, South Carolina in November to go on the FestiVELO bicycle tour. They enjoyed 4 days of bike riding and reported excellent accommodations in Moncks Corner. Our local reporter gave the following description:

It was a nice rural ride in the National Forest including a stop at the Mepkin Abbey and concluded with a tour of downtown Charleston. Included in the tour were meals which did a more than adequate job of keeping us filled. Highlights included a Chocolate Fantasy the first night of the tour (those who overindulged is a secret which will remain in South Carolina). Another was a visit to the "Kracke" house in Summerville. Pictured at left are Paul, Carol, Bernie, Rita and Tom in front of the "Kracke" house.

Apparently, the Chocolate Fantasy was really something as I heard from other people about it. Someone claimed to have pictures, but was not at liberty to show them to me.



Slow Spokes never leave home without their special friends. But, where is Jaboo!

December/January Recurring Events Monday Evening Walks					
PACE:	Leisurely pace - 20 minute miles	TIME:	6:00 P.M.		
TERRAIN:	Flat				
LEADERS:	Tom Graham (586-286-3135/cell 586-854-7911) Clara Herndon (586-574-0426/cell 586-662-2188)				
	December 3, 2012, Jan. 7 and 28, 2013—Dodge Park located at Dodge Park and Utica Roads in Sterling Heights. Meet at the recreation center.				
MEETING PLACE:	December 17, 2012 and January 21, 2013—McDonalds at 12 Mile and Mc (SW corner) in Warren. Meet in the NW corner of parking lot.				
ADDITIONAL INFORMATION	Call above phone numbers for details or cancellation information.				
ADDITIONAL INFORMATION:	No walk if it is raining.				
	Thursday Evening Walks				
DISTANCE:	5 miles	DATE:	Thursdays		
PACE:	3 to 4 MPH	TIME:	6:00 P.M.		
TERRAIN:	Flat				
LEADER:	Carolann Green (586) 206-7381 or (586) 872-6031				
MEETING PLACE:	St. Hubert Church located at the SW corner of Metropolitan Parkway and Prentiss Rd.				
	Walk into and around St. Clair Metropark.				
ADDITIONAL INFORMATION:	No walk if it is raining.				
	McDonald's coffee stop after the walk.				



The "Spirit of Detroit" is wearing a Detroit Tigers shirt in honor of the Tigers making the World Series this year. The Tigers had a great season. We won't talk about what happened in the World Series, but they had a great season getting to the World Series.

Today's trivia Question:

What do the following public statues have in common:

- 1. The "Spirit of Detroit" Statue in front of the City-County Building.
- 2. The "Christ on the Cross" Statue in Indian River, Michigan. A couple of us Slow Spokes saw it on the Michigander this summer.
- 3. "Star Dream" statue by the Royal Oak library. We always bike past this statue after we leave Bruegger's.
- 4. "Seven Saints and Sinners" statues in front of the Oakland University Library. We rode past these statues on the Auburn Hills bike tour this summer.

Out with the Old Year/In with the New Year 2012 Last Dozen (or more)					
PACE:	12 - 14 mph	TIME:	11:00 a.m.		
TERRAIN:	Mostly Flat				
LEADER:	Paul and Rita (586) 243-4325				
MEETING PLACE:	Rainbow Plaza—SE corner of 25 Mile Rd. and Shelby Rd.				
ADDITIONAL INFORMATION:	We'll bring 2012 to a close with a ride on the Macomb Orchard Trail (if conditions permit). Otherwise, we'll take a couple of loops through Stony Creek Park. Warm up afterwards at Leo's Coney Island. No ride if it's raining or snowing.				
	2013 First Dozen (or more)				
DISTANCE:	12 Miles (maybe more, depending on the weather)	DATE:	Tuesday, Jan 1, 2013 (New Years Day)		
PACE:	12 - 14 mph	TIME:	11:00 a.m.		
TERRAIN:	Flat				
LEADER:	Paul and Rita (586) 243-4325				
MEETING PLACE:	Bank parking lot on the southwest corner of Metro Parkway and Garfield.				
ADDITIONAL INFORMATION:	Start the New Year right with a ride on The Metro Pathway. We'll go at least 12 miles and maybe more, if conditions permit. Warm up after with a cup of coffee or hot chocolate at a local restaurant.				
	No ride if it's raining or snowing.				

Tom Miller is a big fan of all the Detroit Sports Teams. Here he loans his bike to Roary, the Detroit Lions Mascott.

Let's hope Roary was more successful at riding Tom's bike than the Lions have been with their season so far.

For all you Lions fans out there, remember -

There's always next year! Photo taken Oct. 28, 2012.

Above article written the day after watching the Thanksgiving Day game.







The Slow Spokes are always careful to ride single file (except when we haven't seen a car for miles.)

The above picture was taken from a bicycle traveling 10.7 miles per hour somewhere in Ohio, 32 miles after leaving the campground near Findley, Ohio.



Star Dream—Royal Oak

Answer to Trivia Question on previous page. If you haven't read it yet, go back and read the trivia question.

One possible answer is that some of the Slow Spokes have biked past all these statues this year.

The other answer is that they are all works of Michigan sculptor Marshall Fredericks.



Saints and Sinners—Oakland University

YOUR FAVORITE BIKE SHOP!!!

The following bicycle stores offer a discount on equipment and accessories. Be prepared to show your Slow Spokes membership card when making a purchase to receive the discount.

	<u> </u>		
Allied Cycle	23101 Gratiot	Eastpointe, MI 48021	586/772-3411
American Cycle & Fitness	29428 Woodward Ave	Royal Oak, MI 48072	586/542-7182
American Cycle & Fitness	2169 Metro Parkway	Sterling Heights, MI 48310	586/979-7570
American Cycle & Fitness	203 N. Perry Street	Pontiac, MI 48342	248/333-7843
American Cycle & Fitness	20343 Mack Avenue	Grosse Pointe Woods, MI 48236	313/886-1968
American Cycle & Fitness	18517 Hall Road	Macomb Twp. MI 48044	586/416-1000
Anchor Bay Bicycle & Fitness	35214 23 Mile Road	New Baltimore, MI 48047	586/725-2878
Bike Tech	18401 E. Warren	Detroit, MI 48236	313/884-2453
D & D Bicycles	8383 N. Middlebelt Rd	Westland, MI 48185	734/522-9410
D & D Bicycles	121 N. Center Rd.	Northville, MI 48167	248/347-1511
D & D Bicycles	9977 E. Grand River	Brighton, MI 48116	810/227-5070
D & D Bicycles	4141 W. 12 Mile Road	Berkley, MI 48072	248/547-0770
D & D Bicycles	7330 Highland Road	Waterford, MI 48327	248/461-6550
East Side Bike Shop	26210 Van Dyke Ave	Centerline, MI 48015	586/756-2001
Fraser Bicycle & Fitness	34501 Utica Road	Fraser, MI 48072	586/294-4070
Hamilton Bicycle	69329 Main Street	Richmond, MI 48062	586/727-5140
Macomb Bike & Fitness	28411 Schoenherr	Warren, MI 48088	586/756-5400
Main Street Bicycles	5987 26 Mile Road	Washington, MI 48094	586/677-7755
Main Street Bicycles	622 S Lapeer	Lake Orion, MI 48362	248/236-9100
Metro Bike-N-Sport	36649 S. Gratiot Ave	Clinton Twp., MI 48035	586/791-3488
Paul's Bike Depot	28057 Gratiot	Roseville, MI 48066	586/776-9165
Stoney Creek Bike	58235 Van Dyke	Washington, MI 48094	586/781-4451

SLOW SPOKES MEMBERSHIP APPLICATION

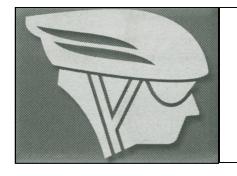
DATE:	NEW MEMBER	RENEWAL	
NAME:		PHONE:	
ADDRESS:			
EMAIL:			
OPTIONAL BIRTHDAY (MONTH and	DAY):		Anyone interested in
Please mail this application along with a check for \$15.00 payable to:	Slow Spokes P. O. Box 792 Sterling Heights, MI 48311-	-0792	bicycling is eligible for membership. Those under 18 years of age must be accompanied by an adult during all club activities and rides.
I <u>do not</u> wish to receive a har	d copy printed of the Newslet	ter.	iles and rides.



Slow Spokes are members of the League of Michigan Bicyclists and the League of American Bicyclists.



Website: www.SlowSpokes.org



BIKE SMART

Always Wear Your Helmet!

Slow Spokes P. O. Box 792 Sterling Heights, MI 48311-0792

